



Harwinder Sandhu, MLA
Vernon-Lumby

Community Foundation of the North Okanagan

3402 27th Ave

Vernon, BC

March 5, 2026

Dear Grant Review Committee,

I am writing to offer my support for the Lumby Men's Shed and their application for funding.

The Lumby Men's Shed has quickly become an invaluable presence in our community. Their space provides not only the tools and resources to build and create, but also the social connection and sense of belonging that are so vital to mental health and well-being. At a time when social isolation and loneliness remain significant concerns, especially among older men, the Shed is making a real difference by fostering purpose, friendship, and community.

During my recent visit, I was deeply impressed by the dedication and camaraderie I witnessed. The members are doing incredible work—not only for themselves but for the broader community. Their partnership with the Lumby Lions Club, for example, has produced high-quality picnic tables that benefit families and residents across our region. Their collaboration with the Vernon branch of *Sleep in Heavenly Peace* saw them construct beds for children in need, and is a powerful example of their compassion and commitment to helping others.

The Lumby Men's Shed is more than a workshop; it is a hub of generosity, skills-sharing, and community spirit. They embody the best of what local organizations can achieve when people come together to support one another.

I strongly encourage you to give their application your full consideration. Supporting the Lumby Men's Shed means investing in both community wellness and tangible projects that will continue to benefit families in our region for years to come.

Sincerely,

A handwritten signature in black ink, appearing to read 'H. Sandhu' with a stylized flourish at the end.

Harwinder Sandhu
MLA for Vernon-Lumby