

# MSABC Board Meeting.

Meeting 2-2024 minutes.

6<sup>th</sup>. March 2024.

Present- Cliff Irving, Jan Fennema, Robert Goluch, Ron Embree, Varouj Gumuchian, Randall MacKinnon, Mike Jennings, Frank Rensing.

Chris Staddon was unable to attend at the last minute.

- 1) The minutes of 13<sup>th</sup>. December 2023 were approved. The minutes of 14<sup>th</sup>. February were amended to add the date of the meeting and approved.
- 2) Correspondence. There was no correspondence.
- 3) Frequency of meetings. To be determined at next board meeting.
- 4) Face to Face meeting.

MOTION- To have a Face to Face board meeting on the 25<sup>th</sup>. March in Squamish, hosted by the Squamish Men's Shed and funded by United Way grant made to MSABC for up to \$3,500.

Proposed by Frank Rensing, seconded by Varouj Gumuchian.

7 in favour, 1 opposed.

Jan, Varouj, Robert and Randall will form a committee to draft the agenda and do the planning. Varouj will host the ZOOM meeting.

The committee will draft a notice to BC Sheds to inform them of the meeting and soliciting suggestions for the board to discuss. Mike will distribute by Mailchimp.

- 5) Strategic Plan review. Tabled until next meeting.
- 6) March Province wide ZOOM meeting. The topic is prostate cancer, the details and bio for the presenter follows.

Brief overview of who I am, what the Foundation does, and how we connected through Dennis

Talk about prostate cancer starting with what it is and when to get checked

Briefly go through diagnosis and treatment options

Services that we offer to patients and their partners from diagnosis through survivorship.

Bio:

Richelle Green is the Support Services Manager at Prostate Cancer Foundation Canada (formerly Prostate Cancer Foundation BC), a non-profit that provides leadership and resources for support, awareness, and research for the #1 cancer in Canadian men. In her role, she has the opportunity to work with patients, partners, and advocates across Canada to determine their needs for prostate cancer support as a community, then find ways to fill those gaps efficiently. PCFC's Support Services cover a wide range including over 70 support groups across Canada, fitness programs, online support groups for marginalized communities, and more. Richelle is looking forward to learning more about Men's Sheds in BC and how they support men's health.

7) Signage for trade shows. Mike will send some MSABC brochures to Frank. Mike will look into the cost and availability of MSABC branded table cloths.

8) Other business.

Suggestion that we invite Co-operators to a monthly ZOOM meeting to discuss our insurance policies. There was general agreement. Maybe the May provincial meeting.

Suggestion to invite the president and secretary of MENZSHED NEW ZEALAND to the April province wide ZOOM meeting for a general discussion about where MSABC is at 50 Sheds and what lessons we can learn about getting to 100. There was general agreement. The board will come up with a list of questions. Mike to set up the meeting.

9) Next meeting. 3-2024. 25<sup>th</sup>. March. In person, in Squamish. Tentative time 10am to 4pm.

Mike Jennings.

Secretary.

MSABC.